

# Cardiff Life

CELEBRATING THE BEST IN THE CITY, PENARTH & THE VALE

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## spotlight

WHAT'S MAKING THE NEWS IN CARDIFF?



Tutor Penny Garland with former Cardiff Blues player Ben Blair

### LANGUAGE

## Mais oui

Rugby stars in Wales are saying 'bonjour' to the French way of life, thanks to a Cardiff-based French teacher who counts presidents and film stars among her former clients.

Penny Garland, who runs French private tutoring company Pas a Pas Tutorials in Cardiff, is currently working closely with former Cardiff Blues star Ben Blair and his wife Alexis, ahead of their move to France this summer, when Ben joins French club Agen.

Ben and Alexis have been tutored by Penny regularly since last October, covering the essential phrases and conversation they will need when they relocate to France.

Penny spent many years travelling the world as an international translator, working for Richard Nixon's family and other high-profile clients worldwide.

After returning to her home city of Cardiff, she set up Pas a Pas ('step by step') Tutorials. Her services were quickly snapped up by other rugby players preparing for a move to France, including former Blues man Dan Parks.

"Moving to a new country can be extremely daunting," said Penny. "I felt I could help my pupils to truly immerse themselves in the French way of life."

• [penelopeagarland.com](http://penelopeagarland.com)